

RSVP *Update*

RSVP is a Community service organization for Centre County volunteers age 55 & older; **RSVP Update** is a publication of the Retired and Senior Volunteer Program.

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Spring 2010

From the Director

On April 30th, we will be having our annual Recognition Luncheon at the Penn Stater Convention Center. In addition to recognizing all of your accomplishments over the past year, This year, RSVP of Centre County will be celebrating its 25th Anniversary of working with you to provide community support.

During these 25 years RSVP has worked with over 2300 volunteers to donate their time and efforts to help our community. Currently, over 1,000 active volunteers

donate over 60,000 hours per year in making Centre County a better place to live. Make no mistake, you are making a difference!

Despite all of this, during the next few years, our community will need your efforts more than ever! More than likely, state funds will be reduced yet again during the next budget year. While the federal government has been extending benefits to those that have been unemployed, at some point these benefits will stop and more Centre County

residents will be turning to our area food banks, free health clinics and other non-profit support services. Please, look at your schedule to find more time to donate. Just a couple more hours a week by each of us, will have a tremendous impact on those in need and result in an even better community.

Brian

*Those who can, do.
 Those who can do
 more, volunteer!
 Unknown*

Top Ten Reasons to Volunteer

10. It's good for you. It reduces stress and makes you happier.
9. It saves resources. Save electricity by turning off the TV and donating your time to help others.
8. You gain personal or professional experience (Yes, this is still important for those age 55+).
7. It brings people together. You meet new people and have the opportunity to make new friends.
6. It improves self-esteem.
5. It strengthens our community. You can make a difference.
4. You can learn new skills.
3. You can give back without having to use your checkbook.
2. You become a role model to others in the community.
1. It feels good! Volunteering means our doing something that you do not have to do. It's helping others and that gives satisfaction like no other.

Brenda's Corner



Luncheon... Spring is in the air and the flowers are starting to pop-up and look around. Along with spring's arrival is the Annual RSVP Recognition Luncheon held Friday, April 30, 2010 at the Penn Stater.

To qualify for the luncheon you must have volunteer hours recorded by the RSVP office during

2009 or have recently enrolled in RSVP.

Transportation... If you need transportation to the luncheon please call Centre County Transportation at 355-6807.

Reminder... To qualify for the 2011 luncheon you must have 12 hours per year. If you have any

questions or want to check to see if your hours are being turned in please call me at 355-6816 and I will be glad to help you.

Address... If you have a new e-mail address or changed your address please let me know so I can up-date our records.

Happy Spring!
Brenda

What Does Spring Mean to You!

For me Spring is the absolute best time of year. It's the time of year that feels energizing. The outside world is more colorful, the birds are chirping, mating and nesting, the nights are brighter. The tulips are pushing their way through the soil, seeds are germinating. It's Alive!!!

Take advantage of this renewal and energy around you and use it to reach your goals!

Brenda

Shelley's Corner

New Discount Added!

We are pleased to announce that Bock's Dining, Tea Room & Village Store has recently joined the RSVP Volunteer Appreciation Discount Program! They invite RSVP card-carrying members to enjoy a scoop of Meyer Dairy Ice Cream with

dinner purchase. They are located at 429 N. Centre Street in Philipsburg and can be reached at 814-342-4751.

A current list of businesses that participate in our Volunteer Appreciation Discount Program can be found on page 5 of this newsletter.

Pen Pal Program Donations Welcomed!

The annual Pen Pal Meet & Greets will be coming up during the month of May. In order to provide cookies & juice boxes for over 1,200 student & adult pals; we accept and encourage any donations for these important events. *Call Shelley at 355-6816 if you'd like to contribute.*

Volunteer in the Spotlight

Lois Hamilton has been an RSVP Volunteer since 1994. As an RSVP Volunteer she has donated time as a Pen Pal, TRIAD participant, Centre Region Senior Center volunteer and various special projects. As a Senior Center Volunteer, she has taught line dancing, knitting, crocheting, or-

ganized and stocked the craft room with supplies of "for-sale" items. The monies raised by her efforts assisted numerous Centre County charities. Her efforts resulted in her being selected as the Office of Aging's Rose Cologne Volunteer for 2010. Congratulations Lois!



Lois Hamilton was selected as Centre County Office of Aging's 2010 Rose Cologne Volunteer.

You may not have saved a lot of money in your life, but if you have saved a lot of heartaches for other folks, you are a pretty rich man.

Seth Parker



Back: Dick Davidson, Elks Trustee; Jack Spearly, Elks Trustee; Charlie Dolan, Elks Trustee; Shelley Miller, RSVP Pen Pal Program Coordinator; Joe Heidt, Elks Chairman; Brian Querry, RSVP Director. Front: Ricky Zerby, Elks Exulted Ruler and Diana Weaver, Bald Eagle School District Pen Pal Coordinator

RSVP Pen Pal Program Is Awarded Elk's Club Grant

We are happy to announce that the RSVP Pen Pal Program was one of the lucky recipients of the Bellefonte Elks Lodge #1094 David Garver Charity Fund.

The David Garver Charity Fund distributes approximately \$50,000 in grants to non-profit (501c3) organizations in

the Bellefonte area each year. The grants are awarded by the Bellefonte Elks Board of Trustees on a quarterly basis.

The Bellefonte Elks generous donation of \$3,620 will enable us to purchase gift books — presented by their adult pal to promote summer reading for over 900

student pals for the 2010/11 Pen Pal School Year.

So if you see a Bellefonte Elks trustee or member, please thank them for their support of this important program!

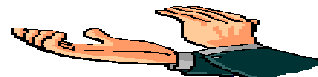
Children are our most valuable natural resource.

Herbert Hoover

RSVP Welcomes 38 New Volunteers!

Linda Barton
Phoebe Borger
Frank Capparelli
Laird Confer
Ronald Davis
Daniel DeLotto
Suzanne Eckert
Carrie Fala
Judy Flynn
Denny Greendonner
Debra Hager
Albert Hazzard
Robert Herron

Sandra Hoy
David Hull
Sally Isler
Joyce Johnson
Richard Jones
Donna Krebs
Jill Leidy
George Messick
Helen Messick
Mary Ann Miller
Irene Mong
Mary Lou Moser
Judy Richardson



Philip (Toby) Richardson
Holly Serface
John Sheckler
Beatrice Sirakaya
Sarah Steindorf
Jean Toombs
Susan Trainor
Edith Trent
Virginia M. Vanemon
Marijayne Watson
Gay Williams
Carolyn Yarnell
WELCOME!

Trash to Treasure

On May 26 from 12-4 pm, RSVP will be doing a Special Project with United Way's Trash to Treasure Sale at Beaver Stadium. Volunteers will be split into groups of 4-5 and will be sorting books, clothes and bed linens. Trash to Treasure is in its ninth year and has been a big fund raiser for Centre County United Way's 40 partner agencies. Please call the office (355-6816) if you are available to volunteer.

I have learned that heroes are not people dressed in super-costumes with amazing powers, but the rare few who commit their lives to bettering the lives of others.
Liz Cotter

Latest RSVP Volunteer Opportunities At A Glance...

Position	Description	Location
Activities Assistant	Sing or play an instrument, tell stories, play games, do a craft, call bingo or read the bible to residents.	Milesburg
Administrative Assistant	Assist with typing, filing, answering phones, putting together mailings, and other secretarial/receptionist duties.	State College
Administrative Assistant	Responsibilities include maintaining client and volunteer records, and preparing monthly client donation statements; occasionally assist with serving meals. Assist with inventory pricing. Must possess qualities of professionalism and be able to manage/maintain/ensure confidential client/volunteer information. Excellent interpersonal skills and experience working with clients, volunteers, and staff is required. Requires good computer skills; knowledge of Microsoft Word and Excel is essential. (Apx. 2-4 hours per week).	State College
APPRISE Volunteer (reposted)	Help persons with Medicare questions, problems and options available regarding their health insurance (full training provided)	Bellefonte/State College
Board Meeting Minutes Scribe - New!	Attend monthly Board Meetings to take comprehensive notes for documentation of the organization's business. A draft version of meeting minutes will be forwarded to the Executive Director for any required revisions with 5 days following meeting; completed minutes must be forwarded to the Executive Director no longer than 5 days after that. Confidentiality is a must.	State College
Clothing Sorter - New!	Sort donated clothing -- choosing clothing that is clean, gently worn, stylish and attractive. Other tasks as needed.	Bellefonte
Donation Coordinator	Oversee receipt of donations; acknowledge donations; breakdown and organize donations for use in education programs.	Bellefonte
Event Assistant	Assist in getting ready for a show event. Stuffing envelopes, creating badges, inventory items. (Seasonal)	Bellefonte
Food Coordinator - New!	Shopping for groceries, paper products. Make list for purchases. Restock shelves, rotate food, purge old items from pantry and menu planning (3-5 hours per week).	State College
Lesson Plan Designer	Using National content standards, design lesson plans based on U.S. commemorative stamps in stock @ the APS. Lessons will be shared with teachers and stamps will be provided until they are unavailable.	Bellefonte
Library Volunteer - New!	Sort journals by date; shelf incoming journals & books. File "new stamp issue" brochures by country name; edit (search & replace) article data. Apply barcode labels to bound journals.	Bellefonte
Mailroom Clerk	Opening first class mail, opening packages, mailing packages, data entry, affixing postage, counting inventory (stamps, books and specialty items).	Bellefonte
Museum Assistant - New!	Assist with fundraisers, clerical duties, cleaning and storing archives, duties will help preserve archives in the museum.	Penns Valley
Office Assistant	Filing, affixing postage, data entry, mailings (stuffing & sealing envelopes).	Bellefonte
Reception	Answer phones; greet visitors, copy, file, and light typing.	State College
Snack Bar Cashier - New!	Keep track of sales and cash; ring sales in cash register; and assist counter staff if needed. Daytime and evening shifts available. Training provided.	State College
Thrift Shop Volunteer - New!	Cashier, price clothes, pictures, frames, some jewelry. Stock racks and shelves.	State College
Transportation Volunteer	Pick up residents in company van , assist clients on van, drive them to grocery store, assist as needed with shopping, load groceries onto van, and return clients to retirement community.	Pleasant Gap
Treasurer	Supervise the work of the PAWS Assistant Treasurer's; serve as head of the finance committee; provide budgeting, cash flow analysis and monthly financial reports to the board; oversee the preparation of federal and state tax reports and filings; provide guidance to board on all financial matters; respond in a timely manner to questions from Board, shelter supervisor or donors regarding financial matters.	State College
Tutors - GED - Reposted	Tutor/council adults preparing for GED testing.	State College
Water/Ice Pass - Reposted	Distribute water & ice to residents. Must have physical ability to push a light cart.	Bellefonte
WPSU Volunteer Coord-New!	Show training video and provide support to the telethon group while on air.	State College

If you would like a complete listing of all volunteer opportunities, please contact the RSVP Office, we'd be happy send it to you.

Volunteer Appreciation Discount Participants

Bellefonte Wok

111 S. Allegheny St.
Bellefonte, PA 16823
(814) 353-8888

Discount: 10% off of one buffet

- Must present card
- Cannot be combined with any other discount/offer.

Bock's Dining, Tea Room & Village Store

429 N. Centre Street
Philipsburg, PA 16866
(814) 342-4751

- One scoop of Meyer Dairy Ice Cream w/dinner purchase

Confer's Jewelers

100 N. Allegheny St.
Bellefonte, PA 16823
(814) 355-8836

Discount: 25% off jewelry purchases

- Can't be combined w/any other offer
- Excludes charms and Happy Balls

Duffy's Boalsburg Tavern

113 East Main Street
Boalsburg, PA 16827
(814) 466-6241

Discount: 10%

- Liquor omitted
- Not applicable on special occasions, holidays or event weekends.

Home Delivery Pizza

1796 Zion Road
Bellefonte, PA 16823
(814) 357-8399

Discount: 10%

- Excluding take out

Home Delivery Pizza

1820 S. Atherton Street
State College, PA 16823
(814) 237-7777

Discount: 10%

- Excluding Take Out

Hublersburg Inn & Family Tavern

449 Hublersburg Road (off Rt. 64)
Howard, PA 16841
(814) 383-2616

Discount: 10%

Millheim Hotel, Inc.

P.O. Box 442,
112 W. Main Street
Millheim, PA 16882
(814) 349-5994

Discount: 10% on food only

Miss Ann's Antiques

Big Valley Antiques
Rt. 322 - Milroy Exit
Milroy, PA
(814) 278-8873

Discount: 10%

Mount Nittany Vineyard & Winery

300 Houser Road
Centre Hall, PA 16828
(814) 466-6373

Discount: 10% off any wine purchase

-Not to be used in conjunction with any other offer or discount.

Penns Valley Jewelers

110 E. Main Street
Millheim, PA 16854
(814) 349-5292

Discount: 10%

P.J. Harrigan's

1450 South Atherton St.
State College, PA 16823
(814) 235-3009

Discount: 15%

- Alcohol & retail items excluded
- Not valid w/other promo offers
- Limit 2 guests per RSVP member

Steiger's Early Americana

215 N. Pennsylvania Ave.,
P.O. Box 486
Centre Hall, PA 16828
(814) 364-1241

Discount: 10%

The Unionville Antique Shop

(Owned & operated by Jolene & Walt Peterson)

Alternate Route 220
(4 miles from Bald Eagle High School)
Fleming, PA 16835
(814) 574-0331 (cell)

Discount: 10% on reg. priced items

The Village Stitchery

5762 Old Turnpike Rd. (Rt. 45)
Lewisburg, PA 17837
(570) 966-8711

Discount: 10% off all regular priced merchandise

- Does not include sale items
- Cannot be combined with any other offer

The Water Street Grill

118 Water Street
P.O. Box 118
Spring Mills, PA 16875
(814) 422-0212

Discount: 10%

Village Square Gift Shoppe

105-107 W. Main Street
Boalsburg, PA 16827
(814) 466-7300

Discount: 10%

Wesley Scott's

104 W. Main Street
P.O. Box 99
Boalsburg, PA 16827
(814) 466-7775

Discount: 10%

Whistle Stop Restaurant

P.O. Box 481
Centre Hall, PA 16828
(814) 364-2544

Discount: 10%

Woodring's Floral Gardens

(Bellefonte and State College Locations)

125 South Allegheny Street
Bellefonte, PA 16823
(814) 355-4771

145 South Allen Street

State College, PA 16801
(814) 238-0566

Discount: 10% off in-store retail purchases only.

Volunteer Appreciation Discount Participants



As of March 2010

**CENTRE COUNTY
RETIRED AND
SENIOR
VOLUNTEER
PROGRAM
(814) 355-6816**

[www.co.centre.pa.us/
rsvp](http://www.co.centre.pa.us/rsvp)



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Retired & Senior Volunteer Program
Willowbank Office Building
420 Holmes Street, Room 339
Bellefonte, PA 16823

RSVP is sponsored by the Corporation for National and Community Service
and the Centre County Board of Commissioners;
Jon Eich, Chair, Rich Rogers, Commissioner,
and Steven G. Dershem, Commissioner,
through the Office of Aging.